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# Preconditioning somatothermal stimulation on Qimen (LR14) reduces hepatic ischemia/reperfusion injury in rats

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## Abstract

**Background:** In human beings or animals, ischemia/reperfusion (I/R) injury of the liver may occur in many clinical conditions, such as circulating shock, liver transplantation and surgery and several other pathological conditions. I/R injury has a complex pathophysiology resulting from a number of contributing factors. Therefore, it is difficult to achieve effective treatment or protection by individually targeting the mediators. This study aimed at studying the effects of local somatothermal stimulation preconditioning on the right Qimen (LR14) on hepatic I/R injury in rats.

**Methods:** Eighteen male Sprague-Dawley rats were randomly divided into three groups. The rats were preconditioned with thermal tolerance study, which included one dose of local somatothermal stimulation (LSTS) on right Qimen (LR14) at an interval of 12 h, followed by hepatic ischemia for 60 min and then reperfusion for 60 min. Serum aspartate aminotransferase (AST) and alanine aminotransferase (ALT) have been used to assess the liver functions, and liver tissues were taken for the measurements such as malondialdehyde (MDA), glutathione (GSH), catalase (CAT), superoxidase dismutase (SOD), and myeloperoxidase (MPO).

**Results:** The results show that the plasma ALT and AST activities were higher in the I/R group than in the control group. In addition, the plasma ALT and AST activities decreased in the groups that received LSTS. The hepatic SOD levels reduced significantly by I/R injury. Moreover, the hepatic MPO activity significantly increased by I/R injury while it decreased in the groups given LSTS.

**Conclusions:** Our findings show that LSTS provides a protective effects on the liver from the I/R injury. Therefore, LSTS might offer an easy and inexpensive intervention for patients who have suffered from I/R of the liver especially in the process of hepatotomy and hepatic transplantation.

**Keywords:** Ischemia-reperfusion, Qimen (LR14), Superoxidase dismutase, Myeloperoxidase

## Background

In human beings or animals, ischemia-reperfusion (I/R) injury of the liver may occur in many clinical conditions, such as circulating shock [1], disseminated intravascular coagulation [2], liver transplantation and surgery [3], cardiac failure and arrest, alcohol toxicity and several other pathological conditions. Different injury mechanisms contribute to the overall pathophysiology of the

hepatic I/R injury. Because the liver is a highly oxygen-utilizing organ; therefore, the impairment of blood flow will rapidly cause hepatic hypoxia, which may progress to absolute anoxia especially in the pericentral regions of the liver lobe [4,5]. Therefore, it is very important to investigate the proper treatments for the I/R injury of the liver.

Oxygen-derived free radicals play a crucial role in I/R injury in many organs such as the heart and the liver [6,7]. Among the systemic consequences of reperfusion, lipid peroxidation is probably the most severe effect caused by free radicals, which results in structural and functional derangement and death of cells eventually [8,9]. Several lines of evidences have shown that HSP70

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is a general anti-apoptotic protein, which protects cells from cytotoxicity induced by oxidative stress or chemotherapeutic agents [10].

Among the numerous complementary and alternative medicine therapies, acupuncture and moxibustion are ancient Chinese therapies that are most widely accepted as in the treatment of many diseases. There have been various studies on the mechanisms and efficacy of acupuncture and moxibustion. In addition, many researchers using the protocols of evidence-based medicine have proved that acupuncture is effective in treating chronic low back pain and digestive disorders [11], and also found moxibustion preconditioning protects the ischemic and anoxic brain tissue by increasing the activity of endogenous antioxidant [12]. Moreover, many hypotheses have been proposed to address the physiological mechanisms mediated by the action of acupuncture and moxibustion. In general, a large number of scientific studies have recently established strong evidence on the higher efficacy of acupuncture and moxibustion based on their clinical use over millenniums of years than that of the traditional treatment [13-15].

There are many modalities, including chemical and physical preconditioning, used to protect the organs from I/R injury. Massage, acupressure, chiropractic health care, exercise and hyperthermia *et al.* have been employed as treatment strategies for neuromuscular disorders or other diseases [16-19]. Recently, preconditioned local somatothermal stimulation (LSTS) has been proved to protect the heart and liver, increasing the neuromuscular plasticity against I/R injury [20]. Therefore, LSTS is a maneuver similar to local heat therapy or the moxibustion technique in traditional Chinese medicine. Moreover, previous studies have demonstrated that the preconditioned LSTS on the right seventh intercostal nerve territory could increase hepatic HSP70 synthesis and protect the liver from I/R injury in rats [21]. Interestingly, the critical temperature evoking such visceral responses was around 41°C to 43°C, which was similar to those inducing HSP expression in a wide range of studies [21-24]. The induction of HSPs may afford protection from subsequent insults by decreasing leukocyte infiltration of postischemic tissues [25].

In our previous study, there are two possibilities to explain a somatovisceral reflex, namely, meridian theory and neuro-reflex theory. In meridian theory, Qimen (LR14) is an acupoint in the liver meridian. Accumulating evidence has demonstrated that there are convergent connections between somatic- and visceral neurons of the same or similar nerve territory during embryonic development. Besides, there is evidence that stimulation on an acupoint would regulate the corresponding organs through a complete loop of somatovisceral reflex, including receptors, afferent limbs, central system, efferent

limbs and the target organ. Our previous work has demonstrated that the visceral response inhibited by blocking the afferent limb was blocked by local anesthesia [23]. Nonetheless, the possibility of the involvement of meridian theory can not be completely ruled out. In this study, we proved that the application of LSTS to the right Qimen (LR14) could induce the hepatic gene expression of HSP70, and this paper mainly focuses on whether LSTS passes through different pathway to protect the liver against subsequent I/R injury?

## Methods

### Animals

Eighteen male Sprague-Dawley rats each weighing 250–300 g, had been obtained from the animal center of the National Science Council, Taiwan, Republic of China. They were fed with standard diets and water *ad libitum* and treated under the regulations of the “Guide for the Care and Use of Laboratory Animals” (National Academy Press; 2011). The studies of these rats were approved by the ethics committee for animal study of National Yang-Ming University, Taipei, Taiwan, Republic of China.

### Local heat stress by local somatothermal stimulation

Application of local heat stress instead of using whole-body hyperthermia had been achieved by means of LSTS on skin areas with no direct contact with the skin surface. Conventional application of local heat therapy is supposed to evoke multiple sensory stimulation such as temperature, pressure, pain, and touch. In order to avoid causing any interference with the data interpretation by such multisensory stimulation, temperature was used as the sole stimulator in this study. The effect of LSTS done by using a heat generator (120 Watt. electric heating rod, Jise Co.) had been reported in our previous study regarding its relaxation effects on the sphincters of Oddi in cats, rabbits and the internal sphincters in rabbits [22,24]. In brief, LSTS had been achieved by the application of a heat generator supplying a single heat source on and above the skin areas when the skin temperature fluctuated above and below the critical point of 41°C. This was done by intermittently turning the switch of the heat generator on and off, namely, 4 min on and 5 min off for three courses [23]. In total, one dose of LSTS was completed in 27 min. A tinfoil paper with holes of 0.5 cm in diameter had also been used so that the heat generator could just focus on one point above the skin surface without insulation. Finally, we used a digital displayed thermometer to confirm that the critical heat point (41°C) was reached.

### Preconditioning by LSTS

To study the modulatory effect of preconditioned LSTS on the livers of I/R injury, the heat generator was applied to 0.5 cm above the right Qimen (LR14), which was just at the junction of the right mid-clavicular line and the sixth intercostal space (Figure 1). The rats were anesthetized with Ketamine (50 mg/kg, intraperitoneal injection (IP)), and the skin was shaved at the stimulus application point. The preconditioning LSTS was applied 12 h prior to the I/R liver injury.

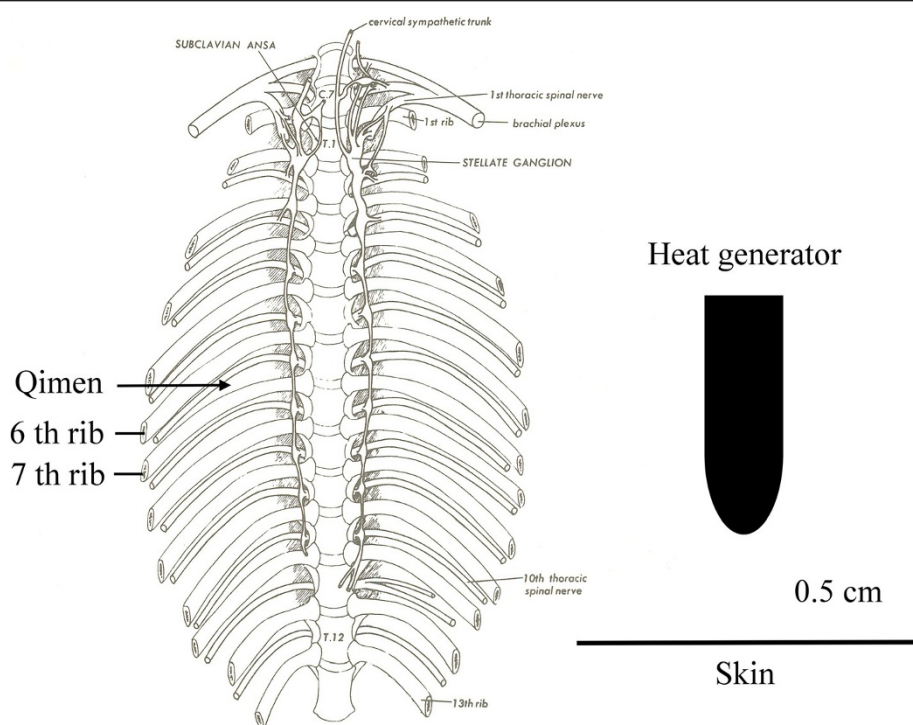
### Animal model and parameters for the I/R injury of the liver

The model of rats with I/R injury was created as previously described [26,27]. In brief, male Sprague-Dawley rats were anesthetized with urethane (1.25 g/kg, IP), and the trachea was cannulated for artificial respiration with a ventilator. Polyethylene (PE-50) catheters were cannulated into the femoral artery to monitor the blood pressure with a polygraph (Gould, RS 2400). The liver was exposed through an upper midline incision, and two pieces of fine silk were looped along the right and left branches of the portal vein, hepatic artery, and bile duct. The procedure whereby the silk was inserted into a snare with a piece of polyethylene (PE-90) which allowed the occlusion of the blood supply to either the median and left lobes (left branch). For the I/R injury study,

ischemia of the median/left lobes were maintained for 60 min followed by reperfusion of the median/left lobes with immediate occlusion of the right lobe vasculature for another 60 min. One hour after the completion of the reperfusion procedure, the initial ischemic-reperfused median/left lobes were resected and tested for myeloperoxidase (MPO), malondialdehyde (MDA), glutathione (GSH), catalase (CAT), superoxide dismutase (SOD) measurement. Blood samples for ALT/AST measurement were collected immediately after the femoral catheterization and the completion of the reperfusion procedure.

### Experimental groups

Eighteen male Sprague-Dawley rats were randomly divided into three groups, which were the: control, I/R and I/R + LSTS groups, where each group had six rats ( $n = 6$ ). In the control group, none of the rats were treated with LSTS, nor subjected to the I/R liver injury. In the I/R group, the rats were subjected to 60 min of hepatic ischemia followed by 60 min of reperfusion period. In the I/R + LSTS group, the rats were preconditioned for thermal tolerance study, which included one dose of LSTS on the right Qimen (LR14) at an interval of 12 h then hepatic ischemia for 60 min followed by reperfusion for 60 min.



**Figure 1 Anatomical and acupoint position.** The heat generator was applied to 0.5 cm above the right Qimen (LR14), just at the junction of right midclavicular line and the sixth intercostal space.

## Biochemical analysis

### Hepatic SOD assay

The hepatic SOD activity was determined by using a commercialized chemical SOD assay kit (Cayman Chemical Co.). The kit utilizes a tetrazolium salt for the detection of superoxide radicals generated by xanthine oxidase and hypoxanthine. The collected 1 gm of liver tissues were homogenized in 5 ml of cold buffer (20 mM HEPES buffer, pH 7.2, containing 1 mM EDTA, 210 mM mannitol, and 70 mM sucrose) and centrifuged at  $1,500 \times g$  for 5 min at  $4^{\circ}\text{C}$ . The reaction was initiated by adding xanthine oxidase and incubating at room temperature for 20 min, and then, the absorbance of each sample was read at 450 nm.

### Hepatic CAT assay

The CAT activity was determined by using a commercialized chemical CAT assay kit (Cayman Chemical Co.). The kit utilizes the peroxidatic function of CAT for the measurement of enzyme activity. The collected 1 gm of liver tissues were homogenized in 5 ml of cold buffer (50 mM potassium phosphate, pH 7.0, containing 1 mM EDTA) and centrifuged at  $10,000 \times g$  for 15 min at  $4^{\circ}\text{C}$ . The samples were then mixed sequentially with hydrogen peroxide; potassium hydroxide, Purpald\*, and potassium periodate and were read at 540 nm.

### Hepatic GSH assay

The hepatic levels of GSH were determined by using a commercialized GSH assay kit (Cayman Chemical Co., Ann Arbor, MI, USA). Cayman's GSH assay kit utilizes a carefully optimized enzymatic recycling method which uses glutathione reductase for the quantification of GSH. The collected 1 g of liver tissues were first homogenized in 5 ml of cold buffer (i.e., 50 mM MES or phosphate, pH 6–7, containing 1 mM EDTA) and centrifuged at  $10,000 \times g$  for 15 min at  $4^{\circ}\text{C}$  followed by metaphosphoric acid deproteinization. After adding triethanolamine solution and Assay Cocktail [a mixture of MES buffer (11.25 ml), reconstituted cofactor mixture (0.45 ml), reconstituted enzyme mixture (2.1 ml), water (2.3 ml), and reconstituted DTNB (0.45 ml)], total GSH in each of the deproteinized samples was measured at 405 nm.

### Hepatic MPO assay

MPO activity was measured from liver tissues using a procedure similar to that documented by Hillegas *et al.* [28]. The collected 1 g of liver tissue samples were homogenized in 15 ml of potassium phosphate buffer (PB, 50 mM, pH 6.0) and centrifuged at  $41,400 \times g$  for 10 min. The pellets were then suspended in 50 mM PB containing 0.5% hexadecyl trimethyl ammonium bromide (HETAB). After three freezing and thawing cycles with sonication between cycles, the samples were next

centrifuged at  $41,400 \times g$  for 10 min. Each aliquot (0.3 ml) was then added to 2.3 ml of a reaction mixture containing 50 mM PB, 0.19 mg/ml o-dianisidine, and 20 mM  $\text{H}_2\text{O}_2$  solution. One unit of enzyme activity had been defined as the amount of the MPO that caused a change in the absorbance measured at 460 nm for 2 min. MPO activity had been expressed as U/g tissue.

### Hepatic lipid peroxidation assay

The collected 0.5 g of liver tissue samples were homogenized with 0.01 M sodium phosphate buffer (pH 7.0) 4.5 ml. After the addition of 1% phosphoric acid 1.5 ml and 0.6% TBA solution 0.5 ml, the solution were mixed evenly, and then heated at  $95^{\circ}\text{C}$  for 1 h. Phosphorylation of lipid peroxides to be hydrolyzed by boiling, and hydrolysis products of the MDA with TBA (2-Thiobarbituric acid) to produce MDA (TBA)<sub>2</sub>. Then cool to room temperature, add 2 ml of butanol ( $\text{C}_4\text{H}_{10}\text{O}$ ), and centrifuged at  $2,000 \times g$  for 15 min, take butanol layer for ELISA reader at 532 nm absorbance was measured, and TEP (1,1,3,3-tetraethoxypropane) as the standard value.

### Histological analysis

The rats were sacrificed by decapitation, and small pieces of liver tissues were placed in 10% (vol/vol) formaline solution and processed routinely by embedding in paraffin. Tissue sections (4–5  $\mu\text{m}$ ) were stained with Hematoxylin & Eosin (H & E) and examined under a light microscope.

### Data analysis

The data in each experimental group were analyzed and expressed as means  $\pm$  standard error of the mean (SEM). Concentrations of MPO, MDA, GSH, CAT, SOD, ALT, and AST in different groups were determined by using the Wilcoxon rank-sum test to compare the differences between two experimental groups. A *P* value less than 0.05 indicates statistical significance. Error bars indicates  $\pm$  SEM in the figure.

## Results

### Hepatic I/R induction and effects of LSTS on Qimen (LR14)

During the experimental procedure, blood pressure was continuously monitored using a polygraph. The blood pressure of all experimental rats remained stable, and none of them died during I/R induction. To evaluate the level of liver damage after the reperfusion procedure, blood samples from different groups were collected immediately via the femoral catheters after completing the reperfusion procedure. As shown in Table 1, the ALT and AST levels increased significantly in the I/R group as compared with the control group, while treatment with LSTS ameliorated the increases in ALT and AST.



**Table 1 Plasma ALT and AST activities**

Experimental groups	ALT (U/L)	AST (U/L)
Control	74 ± 11.2	109 ± 7.2
I/R	843 ± 131*	1457 ± 263*
I/R + LSTS	505 ± 75* <sup>+</sup>	549 ± 137* <sup>+</sup>

\* $P < 0.05$ : Compared with the control group.

<sup>+</sup> $P < 0.05$ : Compared with the I/R group.

The results showed that the plasma ALT and AST activities were higher in the I/R group than in the control group.

These results indicated that the liver damage had been attenuated.

### The antioxidant activity of LSTS on Qimen (LR14) in the liver

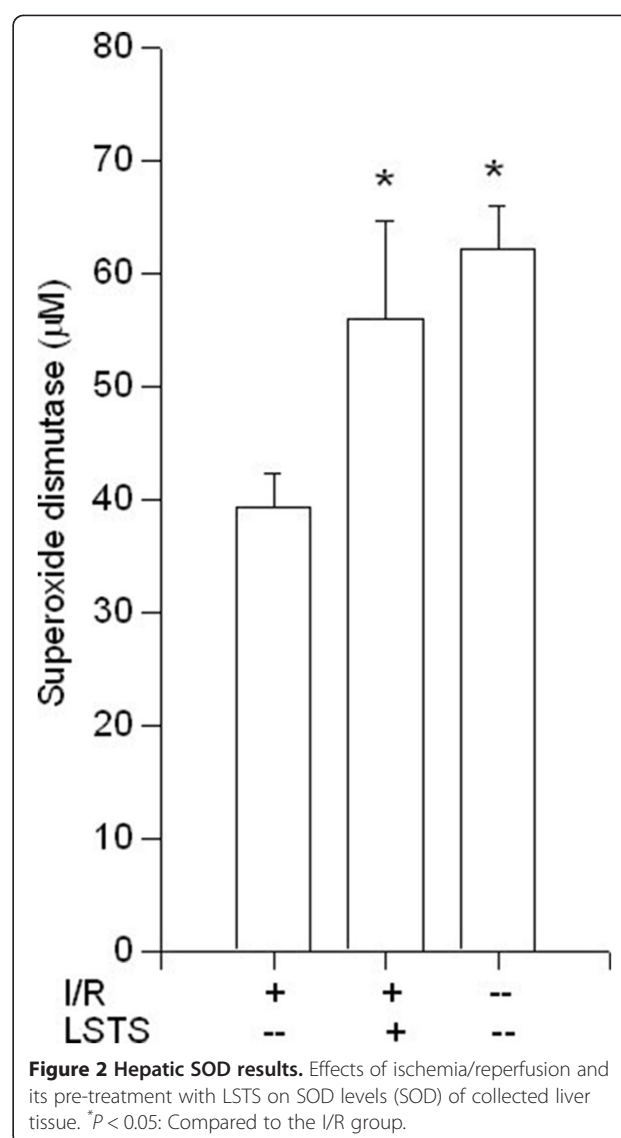
Because antioxidant enzymes are important for maintaining an optimal chemical reducing environment to prevent liver from reactive oxygen species (ROS) damage; thus, we analyzed the activities of several hepatic enzymes. As shown in Figure 2, SOD levels were significantly decreased after I/R injury when compared with the control group. Compared with the I/R group, LSTS treatments increased the SOD levels ( $P < 0.05$ ). The level of hepatic CAT in the liver tissue also decreased after I/R induction in comparison with control group. Compared with I/R group, LSTS treatments revealed comparable amount of CAT (Figure 3). We also measured the level of GSH, which participates in many metabolic processes that protect cells against the actions of free radicals. As shown in Figure 4, the hepatic GSH levels was significantly lower in I/R group than in the control group, whereas the intervention of LSTS in I/R treated mice showed no effects on the level of GSH when compared with I/R group. The mean liver MDA level, an indicator of lipid peroxidation, was also estimated. The MDA value was significantly higher in the I/R group than in the control group. Compared with the I/R group, the mean MDA level was no significant difference in the LSTS group (Figure 5).

### The anti-inflammatory effect of LSTS on Qimen (LR14) in the liver

Because the inflammatory response after I/R plays a critical role in cell damage, we examined the hepatic MPO levels. This enzyme is reflective of tissue infiltration with neutrophils. As shown in Figure 6, the mean hepatic MPO level in the I/R group was significantly increased in comparison to the control group. The MPO level in the I/R group that received LSTS treatment was lower compared with the I/R group ( $P < 0.05$ ).

### Histological results

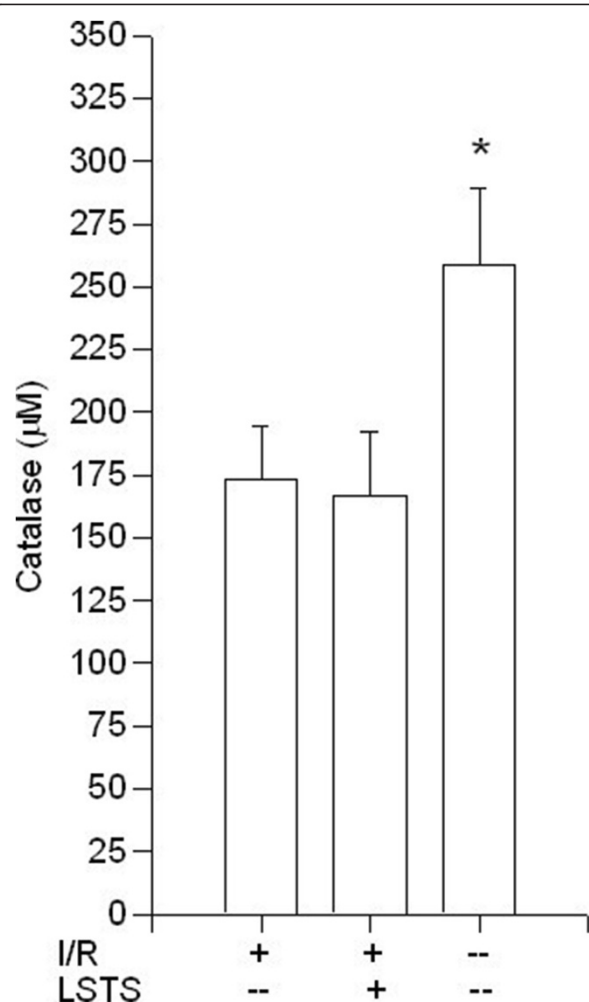
In the control group, the normal liver parenchyma showed regular morphology of both hepatocytes and



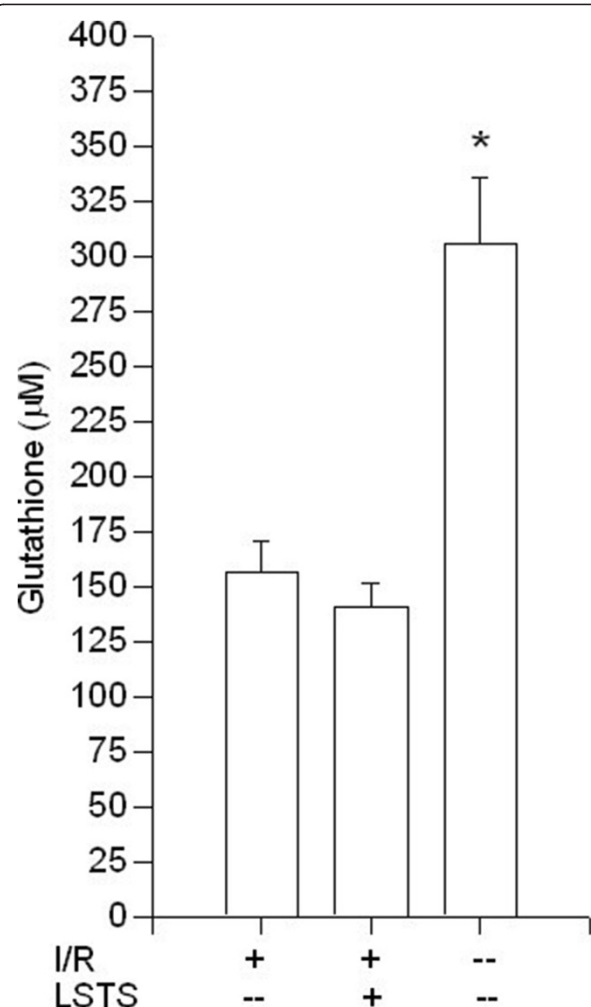
sinusoids around the central vein. In the I/R group, the hepatocytes were prominently swollen with marked vacuolization. Congestions were noticed in enlarged sinusoids. The liver parenchyma were accompanied with irregular morphology of both hepatocytes and sinusoids around the central vein. In the I/R + LSTS group, the hepatocytes and sinusoids displayed normal morphology reflecting well preserved liver parenchyma (Figure 7).

### Discussion

LSTS has been reported to up-regulate the gene expression of HSP70 in livers and preconditioning with LSTS on the right seventh intercostal nerve territory can protect rat livers from I/R injury. In addition, hepatic HSP70 gene expression has been demonstrated to be



**Figure 3 Hepatic CAT results.** Effects of ischemia/reperfusion and its pre-treatment with LSTS on CAT levels of collected liver tissue.  
\* $P < 0.05$ : Compared to the I/R group.



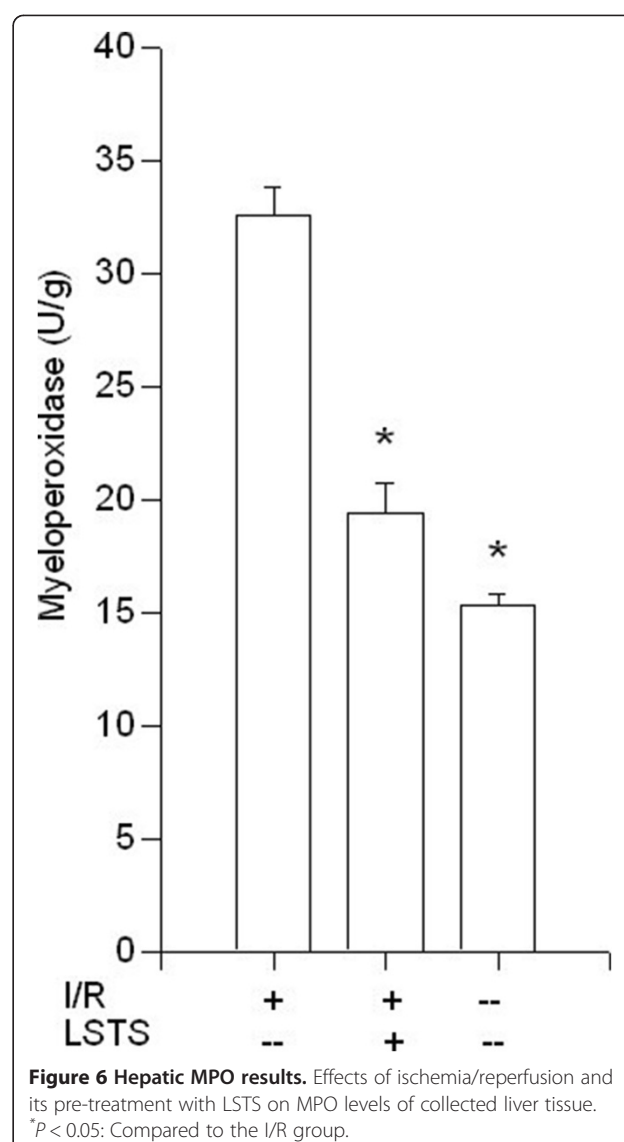
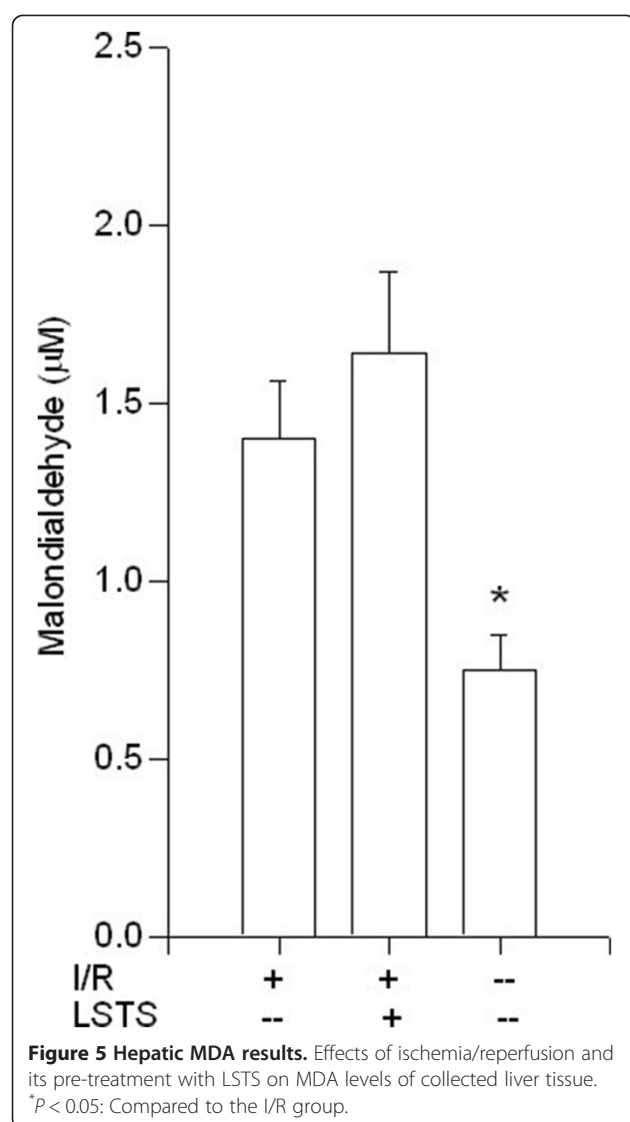
**Figure 4 Hepatic GSH results.** Effects of ischemia/reperfusion and its pre-treatment with LSTS on GSH levels of collected liver tissue.  
\* $P < 0.05$ : Compared to the I/R group.

regulated by local heat stress over a designated skin area through a somatovisceral reflex and not by whole-body hyperthermia [21,23].

With regard to the animal model used in this study, it is well-known that the right lobe vasculature occluded with the reperfusion of median/left lobes has been suggested to be a good model for studies on hepatic I/R injury [21,26,27]. In the studies on hepatic I/R injury, determining the time for each I/R period is important. Ischemia for too-short (20 min) or too-long (90 min) time might result in little or irreversible structural and functional changes, respectively. Sinusoidal perfusion failure was found to be aggravated when the ischemic time period was prolonged to 60 min [29]. Using 60 min of median/left lobar ischemia followed by 60 min of reperfusion as a model, our results showed distinct

functional alterations (Table 1) and this provided a reproducible system for studying the protective effect of LSTS on hepatocytes from I/R injury.

The I/R injury of livers can occur in many clinical scenarios including transplantation, trauma and hepatectomy. The main pathophysiological events during this injury comprise depletion of ATP, Kupffer cell activation with subsequent formation of ROS, formation of proinflammatory mediators, and recruitment and activation of macrophages, neutrophils, and lymphocytes. Depending on the severity of the I/R injury, the cell damage can lead to necrotic or apoptotic liver cell death, which can subsequently result in organ dysfunction [30-32]. Oxygen-derived free radicals play an important role in I/R injury in many organs like the heart and liver. The aim of these treatments is to restore the blood supply

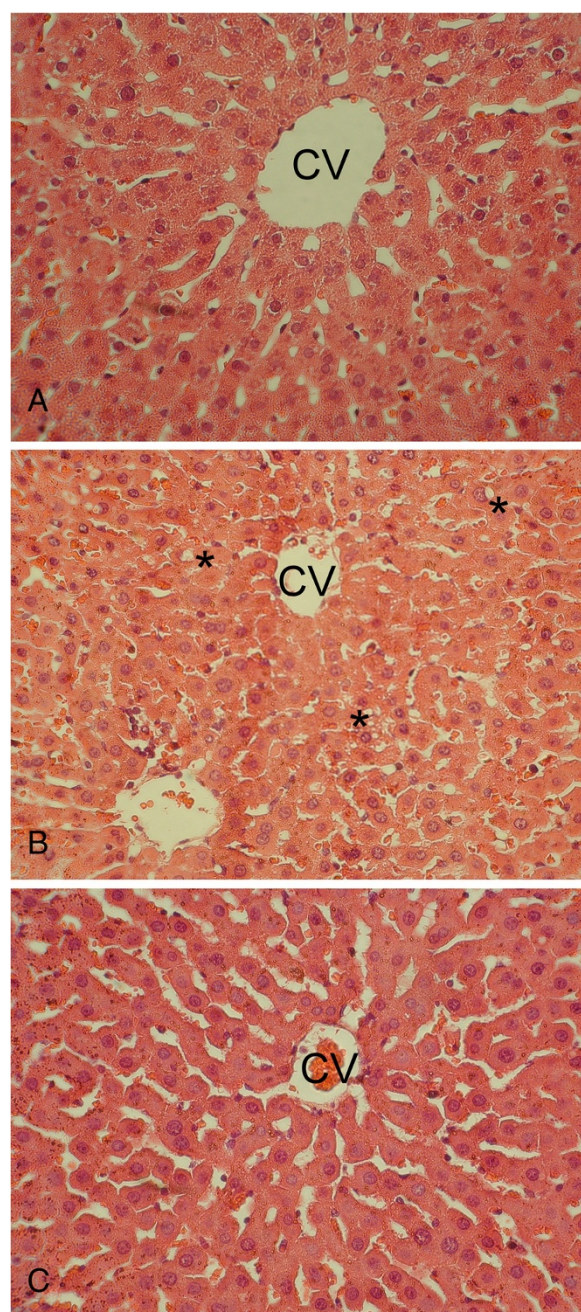


to the ischemic liver. Unfortunately, restoration of the blood flow to ischemic tissues can lead to further damages. This paradox leads to uncertain effectiveness of these strategies. The I/R injury is a complex pathophysiology with a number of contributing factors; therefore, it is difficult to obtain effective treatments or protections by targeting individual mediators or mechanisms alone. Preconditioned fasting, ischemia, pharmaceutical molecules, hyperosmolar solutions, and LSTS [23,33-36] have been studied and appear to have the ability to increase the resistance of cells to ischemia and reperfusion events.

In this study, we clearly demonstrated that LSTS on the right Qimen (LR14) up-regulated the levels of SOD and down-regulated the level of MPO in the liver. SOD catalyses the dismutation of the superoxide anion ( $O_2^{\cdot-}$ ) into  $H_2O_2$ , which could be transformed into  $H_2O$  and  $O_2$  by CAT. In this study, we found that I/R impaired

SOD activity as indicated by the markedly lowered activity when compared with the control group. But in the LSTS pretreated group, the decrease of SOD activity was significantly counteracted. HSP70 acts as a molecular chaperone, playing an essential role in mediating protein folding, assembly, transport, and degradation, helping to prevent protein denaturation and aggregation, and assisting in the refolding or removal of damaged proteins [37,38]. It has been shown that the SOD activity and its content decrease after the I/R injury presumably via inactivation of mature and active SOD within mitochondria [39]. It is, however, unlikely that HSP70 could prevent I/R injury induced denaturation or inactivation of mature SOD within mitochondria, because HSP70 localizes in different compartments from mature and active SOD. Specifically, HSP70 distributes in cytoplasm and nucleus in both normal and stressed conditions





**Figure 7 Histological results.** **A.** In the control group, the normal liver parenchyma occurred showed regular morphology of both hepatocytes and sinusoids around the central vein (CV). **B.** In the I/R group, hepatocytes (\*) were prominently swollen with marked vacuolization. Congestion was noticed in enlarged sinusoids. The liver parenchyma took place displayed irregular morphology of both hepatocytes and sinusoids around the central vein. **C.** In the I/R + LSTS group, hepatocytes and sinusoids represented normal morphology reflecting a well preserved liver parenchyma (400X).

[38,40], while the mature and active SOD exists and acts in mitochondria [41]. It has been clarified that HSP70 plays an essential role in keeping newly synthesized

mitochondrial proteins (precursor proteins) in their correct unfolding conformation within the cytoplasm and transporting them into mitochondria [30,31]. Therefore, one should speculate that cytoplasmic HSP70 overexpression could enhance translocation of precursor SOD into mitochondria, which then results in supplementing the pool of mature SOD within these organelles. We have demonstrated that the liver HSP70 overexpression results in improved liver tolerance to I/R injury and is associated with enhanced preservation of the SOD activity.

MPO is an enzyme stored in azurophilic granules of polymorphonuclear neutrophils and macrophages, and released into extracellular fluid in the setting of inflammatory process. MPO is involved in acute and chronic inflammatory diseases. The significant increase in the MPO activity in the liver tissue after hepatic I/R in the present study is consistent with another study [42]. The induction of HSPs may afford protection from subsequent insults by decreasing leukocyte infiltration of post-ischemic tissues [25]. Javadpour *et al.* found fewer pulmonary neutrophils and less MPO activity after aortic occlusion in rats with prior induction of HSPs via hyperthermia [42] or pharmacologic means [43]. They also showed that hyperthermia prevented decrease in leukocyte rolling velocity induced by mesenteric I/R [44]. Prior hyperthermia also decreases intestinal neutrophil infiltration and mucosal injury after intestinal ischemia [45]. HSP70 may regulate MPO activates to mitigate the I/R injury. In additional, MPO can also serve as an indicator of inflammation and the generation of ROS, because an increase in MPO activity reflects tissue neutrophil infiltration. Neutrophils are a potential source of oxygen free radicals [46] and are considered to be the major effector cells involved in tissue damage that occurs in several inflammatory diseases [47,48]. Our results show that LSTS on Qimen (LR14) may decrease MPO activates to reduce hepatic I/R injury.

## Conclusions

Preconditioned LSTS on the right Qimen (LR14) have a beneficial effect on protecting the rat liver against I/R injury. This pre-treatment is more advantageous when compared with the pretreatment by means of whole-body hyperthermia. LSTS is an easily applicable alternative and will bring new perspectives to the clinical prevention of ischemic liver disease or liver transplantation.

## Abbreviations

I/R: Ischemia/reperfusion; LSTS: Local somatothermal stimulation; AST: Aspartate aminotransferase; ALT: Alanine aminotransferase; IP: Intraperitoneal injection; MDA: Malondialdehyde; GSH: Glutathione; CAT: Catalase; SOD: Superoxidase dismutase; MPO: Myeloperoxidase; ROS: Reactive oxygen species; H & E: Hematoxylin & Eosin.



# Competing interests

All authors declare that there are no financial competing interests.

# Authors' contributions

Each of these authors has contributed equally to this article. CC carried out the I/R injury mechanism studies, acquisition of data, or analysis and interpretation of data, and drafted the manuscript. JH participated in the design of the study, performed the statistical analysis and helped to proofread the manuscript. SC and YL participated in its design and coordination and helped to draft the manuscript. All authors read and approved the final manuscript.

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